



CORTINA360®
Guide Alpine



DOLOMITE360

CORTINA360

*your summer
mountain experience*





INDOOR CLIMBING, BOULDER, & TRAINING

Opened on 2 June 2018, the Lino Lacedelli climbing gym offers indoor climbing on over 80 routes from 3b to 8b+ at a maximum height of 24 meters and up to 30 meters of development. A valid alternative to outdoor climbing when climbing is not possible outside.

The facility offers a lead climbing area with routes of greater height and difficulty and an area with shorter, less difficult routes; some itineraries are also equipped with top ropes for those who don't yet feel confident with lead climbing.

Route setting generally occurs 3 to 4 times a year in order to continually challenge our climbers and allow an optimal turnover of climbing routes throughout the year.

The structure offers climbing courses or private lessons for all levels.

BOULDERING

Small bouldering area where short routes of varying difficulty and length help to refine your technique.

TRAINING & FITNESS

In February 2019, Cortina360 commissioned "Explore Climbing", a specialized company in the sector, to set up a specific training area for climbing. Here you will find an interactive Moon Board where you can choose from a myriad of "problems" (log in with the app) or invent your own, a Pan Gullich and a System Wall in order to properly train your power and coordination. The training room also includes a fitness area for weight training and recovery post workout.



THE GUIDES' BAR RENTAL & SHOP

THE GUIDES' BAR

Cortina360's bar is open every day; Here you can savour something to eat; typical dolomite sandwiches, wraps, toast or salad, or just relax and enjoy something to drink while admiring Cortina from the large, sunny and panoramic terrace.

RENTAL AND SHOP

Rental of indoor climbing equipment and outdoor equipment including via ferrata kit, harnesses and helmets.

A small shop where you can buy essential equipment for the mountains.



CLIMBING & CLASSIC MOUNTAINEERING

Climbing is the art of ascension: concentration, balance, strength, fluency, self-control and technique represent the fundamentals of climbing. A total, profound relationship with the mountain; made of sensations, emotions, trust and friendship with your climbing partner where your partner is traditionally and historically your mountain guide.

Climbing in Cortina d'Ampezzo is pure emotion. The pearl of the Dolomites, like all of the alps, offers countless climbing itineraries, both classic and sport, of various heights and difficulty. In Cortina d'Ampezzo you can climb over a thousand classic and modern routes as well as numerous sport climbing crags.

For those starting out the ideal outdoor location is the **5 TOWERS**.

For those who already climb; there are many routes to choose from starting with **CLASSIC ROUTES of the IV°, V° and VI° GRADE and SPORT CLIMBING ROUTES**.



VIA FERRATA

Among the main attractions of the Dolomites are the Via ferrata in Cortina d'Ampezzo, these are hikes which take you through or over the mountains along itineraries, more or less exposed, equipped with iron cables, ladders and suspended bridges.

These equipped routes are also suitable for those who do not practice climbing and are looking for something more than the classic hike.

The via ferrata in Cortina d'Ampezzo will give you the satisfaction of reaching the highest peaks whilst hiking unique, breathtaking trails. You can choose between **EASY**, **CLASSIC** and **CHALLENGING** via ferrata.



TREKKING, MOUNTAIN, & E-BIKE BIKING

For lovers of mountain walking, trekking in Cortina d'Ampezzo is an experience not to be missed. Our Alpine Guides will take you to explore fairy-tale places immersed in the forest, discover immense meadows and ridges, and cross bubbling brooks and rivers all the while admiring the wonder of nature.

But Trekking in Cortina d'Ampezzo is also gourmet... because what is more enticing than taking a break in one of the numerous and characteristic refuges waiting for you at the end, or in the middle, of your excursion?

More than 400 km, to be discovered a little at a time, always leaving you wanting to return and discover some new path. There are routes suitable for everyone, from the most sporty and fit, to those who just want to relax and admire the breathtaking views.

And for those who love two wheels...

Mountain Bike / E-bike in Cortina d'Ampezzo to experience our Dolomites in an eco-sustainable way. The bicycle is an excellent way to get around woods and paths, to explore these territories in total safety.

For those who want to reach the high-altitude refuges, where the effort of the climb seems impossible; e-bikes come in handy, making it easier to climb steep and otherwise unthinkable climbs even without training. Over 700 km of routes, 1 downhill and 2 skill parks, last but not least the bikes refuges, bike hotels and bike passes.



OTHER ACTIVITIES

PARAGLIDING

Unique sensations and adrenaline in one of the most evocative landscapes in the world. Take to the skies and fly over the fantastic Dolomites on a Tandem flight which will give you unique emotions.

CANYONING

The magic of water, the crystalline colours, the shades of the rocks, you will experience everything to make your day truly unforgettable. Whether you are beginners or experts, Canyoning will never disappoint you. Each new experience will prove to be a splendid aquatic adventure. A different activity than usual, the summer fun par excellence.

ORIENTEERING

Corporate Team Building, Activities for children, Sport and Nature, a fantastic mix to discover the Dolomites at 360 degrees. Cortina360's Alpine Guides are ready to accompany you in this experience where sport meets nature.

PANORAMIC HELICOPTER FLIGHTS

Experience the wonder of flying over Cortina d'Ampezzo and the magnificent Dolomites. The Cortina360 group organizes panoramic tours by helicopter on request. What's better than enjoying the spectacular view of the Dolomites from above whilst sitting comfortably in a helicopter?



TOUR OPERATOR

Tour Operator Cortina 360's packages are developed for sports enthusiasts, from the most expert to the less expert, from families to groups of friends, from the single hiker to large groups.

Tour Operator Cortina 360 is not only active locally, but offers its guests the possibility of enjoying alternative holidays in many other destinations; locations in Italy and abroad, with specifically crated packages capable of satisfying every type of customer.

- Operational and organizational support for local events
- Requests for collaboration from Italian and foreign Tour Operators
- Requests for support from television crews
- Management of corporate team building
- Organizational and operational support for major sponsor events
- Organization of exclusive services for niche customers.
- Destination Management to promote locations through the proposed activities in the area.

Contacts



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English version





PARTNERS

SCARPA®







HELISKI

A service exclusive to Cortina360; a unique experience that combines the emotion of helicopter flight.

with the magical sensations that freeriding offers. Descents in fresh snow on some of the most beautiful locations of the Dolomites. An experience not to be missed.

Period: December/March

depending on the weather/snow conditions

Our proposals:

Heliski Experience Cortina Dolomiti

3 rotations on Sorapis-Faloria-Punta Nera, including transfer for the return (if necessary)..

Heliski One Shot Cortina Dolomiti

A single flight to Punta Nera, including transfer for return (if necessary).



FREERIDE

Freeriding in Cortina d'Ampezzo means experiencing the essence of skiing off-piste, limiting climbs to a minimum, searching for itineraries and chasing the quality of the snow while avoiding the crowds on the ski slopes. Yes, ski lifts are used, but only to minimize the effort in reaching the starting points of the gullies and valleys in order to fully enjoy the descent. These breathtaking slopes and gullies are accessible by freeriding in Cortina d'Ampezzo. Some descents are simple and suitable for basic skiers, others require mountaineering skills in order to reach them. In both cases, the wild environment is very suggestive and satisfying.

Some of our proposals:

Easy: 5 Towers

The variety of slopes and the convenient access allow even the less experienced skiers to have fun and try the approach to the world of off-piste skiing in a unique environment.

Medium: Marmolada

Skiing on the highest mountain in the Dolomites, on the northern slopes with enormous possibility of range in choice of curve and speed, unmissable.

Difficult: Dolomite couloirs

Spoiled for choice. Technique and precision combined with the pleasure of skiing surrounded by unique environments.



ICE CLIMBING

Discover a new world of ice and snow, with a similar approach to climbing in summer but totally different in sensations and equipment. From the basic technique of walking with crampons and wielding an ice axe to conquering iced rock-faces and waterfalls.

Some of our proposals

Easy: Ra Stua

Rediscover a well-known place in totally different conditions, move between walls of ice with ice axes and crampons.

Medium: Landro

A magical place where the approach allows you to discover an enchanted valley, start really climbing with ice axes and crampons.

Difficult: Val Travenanzes

Ice walls and a remote valley, climbs of great satisfaction in a unique environment, that is what you will feel.



SNOWSHOEING

The most comfortable, simple, safe and relaxing way to move through the mountains in winter; Snow shoes allow you to move with peace of mind in the snow-covered woods and meadows, searching for the peace and relaxation that only the mountains can give you. Activity suitable for everyone and possible in all weather conditions.

Some of our proposals:

Easy: the Giau woods

An exceptionally beautiful hike along a very open and sunny trail. From Forcella Giau you can admire the wonder of the plateau of Mondeval surrounded by the distinctive peaks of Pelmo, Lastoni de Formin, Becco di Mezzodì...

Medium: tour of the 5 Towers

Walk around the 5 Towers among the most famous towers of Cortina, beyond the limit of the forest whilst admiring fantastic views at 360°.



BACKCOUNTRY SKIING

Reach a peak with skis equipped with skins (skinning), or tackle canals and gullies and then descend on breathtaking slopes, away from the noise and crowds of the ski lifts, all this is possible with Back-country skiing.

The skier will be provided with skis and skins which will allow him to ascend the mountains, when it's time to descend the skins are removed allowing you to ski in the purest environment the mountain can offer; off-piste!

Our mountain guides, always updated on the situation of the snow, accompany their customers on magnificent excursions, along itineraries that will leave you speechless. Excursions are planned according to the experience of the customer, whether he is a beginner in the discipline or an expert skier.

Some of our proposals:

Easy: Mondeval and Corvo Alto

Walk in paradise, suitable for everyone, ideal for starting to discover the world of Back-country skiing.

Medium: Cadini di Misurina

Trips among the Cadini forks developing Back-country skiing climbing techniques, descend between canals, forks and uncontaminated panoramas.

Difficult: Tofana di Ròzes

The conquest of one of the symbolic mountains of the Dolomites, climb with sealskins, rope, ice axes and crampons to reach the top, and then ski down to the valley on an epic ski run.

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